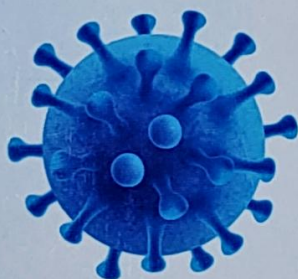


IMPACT OF COVID-19 ON BUSINESS, ECONOMY AND SOCIETY



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CHAPTER 7

PSYCHOSOMATIC IMPACTS FROM COVID 19 AMONG STUDENTS OF PROFESSIONAL COURSES: RISK FACTORS AND POSSIBLE MITIGATION INTERVENTIONS

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Abstract

The rapid and ongoing COVID-19 pandemic has severely impacted the common life of the people across all ages and strata in the world. In India, the pandemic played a catastrophe causing lakhs of casualties and affecting the mental and physical wellbeing of the people especially from March, 2020 to March, 2022. The same is not yet over and in April, 2022 the fresh surge in COVID cases in several countries of the world including India has put institutions and most people on high alert once again. The student communities undergoing professional courses under college/university education have been adversely impacted owing to uncertainties in their courses and careers since they expect to join industries/jobs on completion of the same. In the present study the objective is to explore the impact of COVID-19 pandemic among Indian students, mainly of the college going age groups, to provide a reference data on psychosomatic health conditions during the pandemic period and make interventions/policy recommendations based on the result. In May, 2022 the psychosomatic symptoms and concerns of about 200 college/University students undergoing professional courses across

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